



Surgical Wound Care Instructions

Pain: Take 2 regular strength Advil and 2 regular strength Tylenol at the same time every 4-6 hours for the first 2-3 days after surgery. This is as effective as a narcotic for pain control. You may take less as your pain improves during the healing process.

Wound: Leave the initial bandage on for 2 days, then change the bandage daily and apply a liberal amount of Vaseline or mupirocin under a Band-Aid. Keep wound moist with Vaseline as this will help speed the healing process.

Restriction: Limit activity! No heavy lifting, running, exercising, yoga, golfing etc for at least 2 weeks after your surgery. This will cause the wound to open and the scar to worsen.

Complications: Call or text (843)-640-0240 Dr. Derrington if you develop extensive redness, drainage, and oozing around the surgical site. Mild redness and oozing is normal.

Go to your local emergency room if you develop fever or chills.